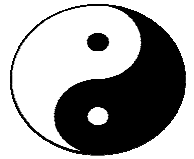




→ Margate Community Education and Recreation Department  
8103 Winchester Avenue, Margate City, New Jersey 08402  
609-823-6658  
[www.margate-nj.com/recreation](http://www.margate-nj.com/recreation)



# Gentle Restorative Yoga Stretch... Open... Allow... Relax

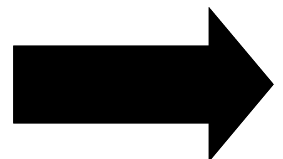
*Back By Popular Demand! During each session, participants will enjoy learning how to slowly and safely stretch tired muscles, open areas of blocked energy, allow for being more in the moment and relax at the end of the day. Please Bring A Yoga Mat To Each Class.*

- (W-01) Session #1~ Monday: 1/22/18-2/12/18 (6:00~7:00 pm)
- (W-02) Session #2~ Monday: 2/26/18-3/19/18 (6:00~7:00 pm)
- (SP-03) Session #3~ Monday: 4/09/18-4/30/18 (6:00~7:00 pm)
- (SP-04) Session #4~ Monday: 5/07/18-6/04/18 (6:00~7:00 pm)

\$50.00/Four-Week Session  
William H. Ross III School Cafeteria  
Instructor: Chris Bianchi

**Please complete the attached registration form  
and the waiver form  
and return them with your payment.**

**THANK YOU!**



**REGISTRATION BY MAIL**

For Registration Questions  
Please Contact: 609-823-6658

1. Please complete the registration form below.
2. Please fill out a SEPARATE registration form for EACH individual.
3. Include one payment/check PER class/program PER individual.
4. Enclose a check made payable to: *Margate City Recreation Department*.
5. Mail registrations to: Margate Recreation Department, 8103 Winchester Avenue, Margate, N.J. 08402.

**REGISTRATION GUIDELINES**

1. Registration for all classes/programs is accepted on a first come first pay basis only.
2. Please register at least one week prior to start date of class/program (i.e. "Pre-Registration Required").
3. No registration for any class/program will be accepted over the phone or without payment.
4. No refunds issued; credits only at the discretion of the Recreation Department.
5. All classes/programs are subject to cancellation due to insufficient enrollment.
6. All classes/programs, activities, prices, locations, times and instructors are subject to change.

**DROP-OFF REGISTRATION LOCATION**

*Main Entrance Area At The William H. Ross III School (101 N. Haverford Ave.) Lock-Box On The Wall.*

**WINTER/SPRING 2018 REGISTRATION FORM**

Participant's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Local Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Best Contact Number: \_\_\_\_\_

E-MAIL Address: \_\_\_\_\_

List Any Medical Conditions: \_\_\_\_\_

Emergency Contact Information (Name & Number): \_\_\_\_\_

Name of Classes/Programs (Please Include Class/Program #): \_\_\_\_\_

\*Participant's Signature: \_\_\_\_\_

*\*(Parent/Guardian's Signature if participant is a minor)*

**Media Release**

You have my permission to video or photograph my child while participating in activities sponsored by the Margate Recreation Department and for these videos or photographs to be used for the advertisement and promotion of Margate Recreation Programs and other Margate City activities.

I am the parent/lawful guardian of the child named herein and I am authorized to execute this release.

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Print Name*

\_\_\_\_\_  
*Date*

**OFFICE USE ONLY**

Amount Paid:           Cash                    Check #

Notes:

# AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY

In consideration, of being allowed to participate in *GENTLE YOGA (WINTER/SPRING 2018)* within The Margate City Recreation Department's athletic/sports/recreation programs and related events and activities, the undersigned:

Agrees that prior to participating, the undersigned will inspect the facilities and equipment to be used, and if the undersigned believes anything is unsafe, they will immediately advise their coach or supervisor of such condition (s) and refuse to participate.

- 1) Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and social and economic losses which might result from their own actions, inactions or negligence of others, the rules of play, or the condition of the premises or of any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
- 2) Agrees to assume all the foregoing risks and accept personal responsibility for damages following such injury, permanent disability or death.
- 3) Agrees to release, waive, discharge and covenant not to sue the City of Margate nor the Margate City Board of Education, their respective administrators, directors, agents, coaches, and other employees of the organizations, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as "releasees," from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise.

The Undersigned has read the above waiver and release, understands that he/she has given up substantial rights by signing it and signs it voluntarily.

---

*Child's Printed Name (First & Last)*

---

*Signature of Parent/Guardian*

---

*Date*

Relationship of to Above Child? [ ] Parent

[ ] Guardian

---

*Street Address*

---

*City*

---

*State*

---

*Zip Code*